

# Yoga Bharati

(SF Bay Area Chapter)

[www.yogabharati.org](http://www.yogabharati.org)

**Date :** Sunday, June 30th 2002

**Time :** **Session1:** 4:30 PM to 5:30 PM

Break: 5:30PM to 5:45PM

**Session 2:** 5:45PM to 7:00PM

**Q&A:** 7:00PM to 7:30PM

**Fee :** FREE and open for all

**Venue:** Murphy Park Community hall  
130 E. California ave, Sunnyvale

**Registration:** [yoga\\_rsvp@yahoo.com](mailto:yoga_rsvp@yahoo.com) (for seating arrangement)

**Spiritual Discourse on:**

## Self Unfoldment Through Bhagavad Gita

**By Swami Anubhavananda**

### FOR MORE INFORMATION:

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**Please visit: [www.yogabharati.org](http://www.yogabharati.org)**

If you would like to know about future yogabharati events, please send email to our group alias:  
[yogabharati-subscribe@yahoogroups.com](mailto:yogabharati-subscribe@yahoogroups.com)

Spiritual Discourse by **Swami Anubhavananda**

Swami Anubhavananda, truly, the name echoes his being-He is the Experience of Happiness.

Happiness which spreads like a divine breeze amongst all who have come in contact with him.

Swami Anubhavananda's personality reflects both the simple being and the erudite scholar. He is suave and witty. He is equally at home with people of all ages, be it the kids or teenagers, or middle aged or old aged. He communicates the most difficult of the philosophy in a simple and direct manner. His words directly address the heart and breathes into us a new life of joy.



The world is growing more complex and is in a constant state of flux. He comes not to fulfill our wishes but to full fill our hearts with the nectar of Divine love. It is this capacity to enliven the fountain of joy in each one's heart, that makes Swami Anubhavananda widely sought after.

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