



Yoga Bharati

(SF Bay Area Chapter)

<http://www.yogabharati.org>

Meditation and Lectures

Sri. N.V. Raghuram

FREE meditation classes and lectures by Sri. N. V. Raghuram (VYASA, Bangalore) in Bay Area. Excellent opportunity to learn meditation techniques and enlighten souls with spiritual discourses.

Topic : **OM Meditation**
Date/Time : Feb 17 to 21, 2003 6:30AM - 8:00AM (Mon – Fri)
Venue : Community Center, **Sunnyvale** Hindu Temple

Topics : **Narada Bhakti Suthras.**
Talk on the path of Devotion
Date/Time : Feb 17 to 21, 2003 7:00PM - 8:30PM (Mon – Fri)
Venue : Community Center, **Sunnyvale** Hindu Temple

Topic : **OM Meditation**
Date/Time : Feb 24 to 28, 2003 6:30AM - 8:00AM (Mon – Fri)
Venue : Community Center, **Fremont** Hindu Temple

Topic : **1. How Yoga works on psycho-somatic ailments.**
2. Bhajagovindam by Adi Sankaracharya
Date/Time : Feb 24 to 28, 2003 7:00PM - 8:30PM (Mon – Fri)
Venue : **Newark** Library Hall

Donations are welcome.

For more information : Please visit <http://www.yogabharati.org>
or email to info@yogabharati.org

Subscription : Email to subscribe@yogabharati.org

Navin Rao	navin@yogabharati.org	925-846-7036
Krishna Raghavan	krishna@yogabharati.org	408-830-0959
Venkat Reddy	venkat@yogabharati.org	510-894-8945