

# Yoga Bharati & Sambodh Society

www.yogabharati.org  
www.sambodh.org

Swami Bodhananda Saraswati is highly respected in India and America as an accomplished teacher of Vedanta and Meditation. Swamiji has been characterized as a 'cutting edge' Swami, deeply imbued with the perennial philosophy of Vedanta and a living expression of its ideals.

*Come experience his Vedic Wisdom*

## Sunnyvale Events

### Analyze Yoga

What is YOGA and how can I improve its effectiveness ?  
Come hear from the realized master on Patanjali Yoga Sutras

**FREE SESSION**

July 7th 7:00pm to 8:30pm

### Meditation Workshop

5 Techniques Ashtanga/Kundalini/Surya Gayatri/Tantric/Vedantic  
Donation: \$50

July 10th-14th 7:00am to 8:30am (5 sessions)

### Management Philosophy from Bhagwad Gita

Donation: \$50

July 17th -21st 7:00pm to 8:30pm (5 sessions)

### 7 Hindu Spiritual Laws

Donation: \$20

JULY 22nd-23rd 9:00am to 12:00pm (2 sessions)

### Walking Meditation

Donation: \$20

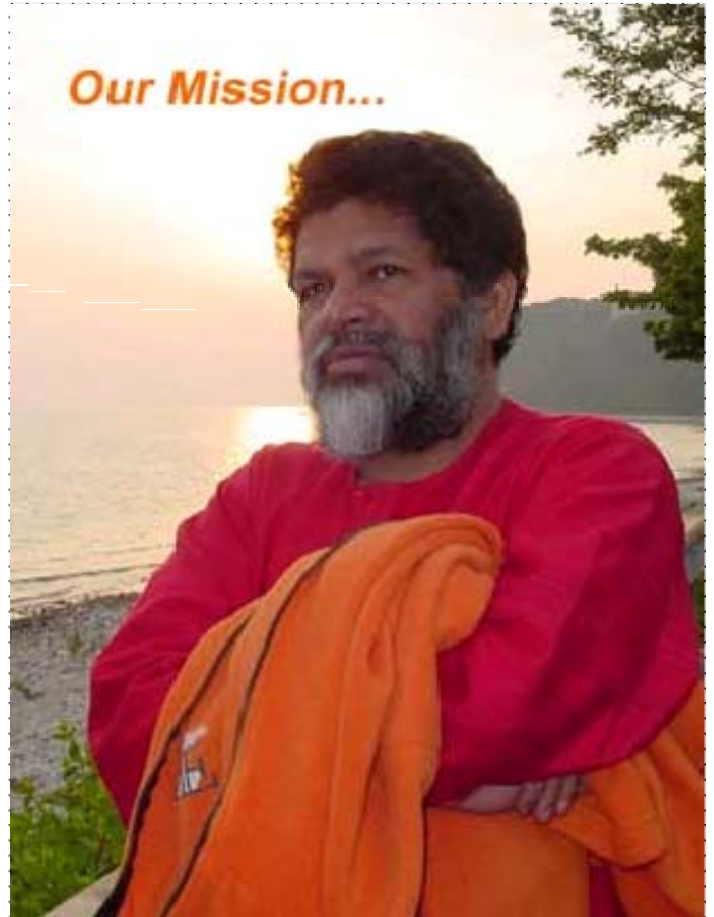
JULY 24th 7:00am to 8:00am

## Venue

Sanatan Dharma Kendra  
897 Kifer Rd, Sunnyvale, CA

Sharat Joshi sharat@yogabharati.org  
(408) 823-6986

Geeta Swamy g\_swamy@pacbell.net  
(650) 704-1720



## Swami Bodhananda Saraswati

*"Saintliness cannot be acquired,*

*It has to be discovered as one's own essential nature"*

## Fremont Events

### Spirituality in Daily Life

**FREE SESSION**

July 14th 7:00pm to 8:30pm

### Meditation Workshop

5 Techniques Ashtanga/Kundalini/Surya Gayatri/Tantric/Vedantic  
Donation: \$50

JULY 17th-21st 7:00am to 8:30am

## Venue

Fremont Hindu Temple Lecture Hall  
3676 Delaware Drive, Fremont, CA

*\* Students/Family discounts available*